



SORANA SPA®

AURORA ANGUILLA



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# Rejuvenation At Your Fingertips

Emerge anew. Sorana Spa offers treatments that refresh and revitalize, using natural elements from the island paired with refined technique. Here, health and wellness are celebrated beyond the walls of Sorana Spa to create a true holistic bliss.







Innovative  
and restorative  
treatments  
inspired by  
Anguilla's  
natural splendor





Whether you wish to feel calm, rejuvenated or energized, our soothing treatments will restore a sense of harmony to your body, mind and soul.

Each of our twelve spa suites has been custom designed for specific treatments. With luxurious facilities and views of Rendezvous Bay, they offer the ultimate spa environment.



## SPA SERVICES

# Facial

### Luxe-Lift Facial

This Age-Defying Facial is based on a combination of natural boosting actives from Marine Collagen and Elastin, Peptides and Herbal ingredients to invigorate, lift and firm mature skin, providing advanced skin repair. The treatment provides an instant trigger to younger looking skin.  
60/90 minute facial

### Ultra Brightening Facial

This Brightening Facial for hyper-pigmented skin is a gentle treatment to visibly reduce the appearance of skin blemishes, discoloration, and age spots. The advanced formula contains Blueberry, Kojic Acid, Vitamin A and Alpha Arbutin to brighten and balance overall skin tone, leaving the complexion dewy and radiant.  
60/90 minute facial

## Aurora Golden Moment

Come experience pure facial luxury, relaxation, and golden bliss. By renewing and regenerating your skin with Jasmine Oil, Oxygen infused Collagen and Elastin Boosting Ampoule, and 24k Gold facial mask. Creates a lustrous glow from the inside out and you'll experience firmer and healthier skin. 90 minute facial

## Skin Soothing Facial

Featuring products from Vie De Mer Skin Soothing collection, derived from the Green Algae, Kelp, and DNA this gentle treatment will help to balance the challenges of reactive, delicate, and depleted skin. Ultra nourishing, hydrating, and strengthening the skin with botanical lipids. A very mild, soothing aromatic enzyme peel helps balance color and texture for a smooth, even appearance. For delicate skin types. 60/90 minute facial

## Illuminating Vitamin C Facial

This facial is recommended for anyone seeing to recapture skin's luminosity and firmness through a relaxing experience. This exquisite protocol awakens your senses, infusing with all the energy in Vitamin C. Its extraordinary antioxidant action repairs even the most mistreated skin, unveiling a completely hydrated, revitalized complexion that showcases your radiant face. \* Vie De Mer Vitamin C Peptide Complex is a stabilize form of Vitamin C. This time-release formula delivers Vitamin C gradually throughout the day, providing consistent benefits without overwhelming the skin. This helps prevent tingling or redness often associated with high Vitamin C concentrations. 60/90 minute facial

## Refreshed Gentleman

Our Gentleman Facial provides a customized treatment that include deep pore cleaning, exfoliation and soothing masque. Helps repair the damage caused by daily shaving , skin sensitivity, dullness, aging and the environmental impact of both city and outdoor living.

## Add-ons:

### Advance Ampoule + Oxygen Treatment

For a powerful healing additive to any facial, oxygen nourishes, hydrates and regenerates the skin. An advanced Ampoule Treatment with Oxygen help promote the body's own inherent healing process and will speed up cellular renewal. Let your skin glow and breathe with the healing and regenerative benefits of oxygen.

### Advance Eye Mask Treatment

For more youthful, vital looking eyes, add the Eye Treatment to any of the facials. The skin around your eyes will be gently exfoliated. Then a gel mask to firm, tighten and hydrate is applied. Reverse years of damage from environmental factors.





# Vie De Mer

Exclusively at Sorana Spa

Vie De Mer is a French beauty brand that specializes in natural, botanical-based products. Their formulations are crafted from cold-pressed active ingredients, ensuring that the extraction process involves no high heat or chemical intervention. This approach preserves the purity and potency of the nutrients, offering clean and nutrient-rich skincare solutions for all stages of life.





# Massage

## Aurora Holistic Massage

Experience true relaxation with long, flowing movements and therapeutic techniques at various pressure levels that relieve all stress-related tension. Marma therapy and chakra balancing align for powerful healing of vital energy centers. Enriching and effective oil blends carry active ingredients with potent benefits to enhance overall wellbeing. This 90-minute massage includes a VDM Facial Massage with aromatic actives that balance the emotions, release stress, and reduce anxiety.

## Beach Stone Massage

Melt away stress and tension with this therapeutic massage that uses warm Atlantic stones and light to moderate pressure to gently soothe tired, aching muscles while increasing circulation.

## Reflexology

This ancient healing art focuses on areas of the feet that correlate to specific organs and integral body systems. As pressure is applied to the appropriate points on the feet, tension and fatigue release, restoring the body's natural balance.

## Deep Tissue

This Deep Tissue Massage uses firm and soothing techniques to loosen muscle stiffness and alleviate pain, cramps, old injuries, and stress-related tension for relief that's truly transformational.

## Prenatal Massage

Designed for expectant mothers past their first trimester, our Prenatal Massage relieves the common discomforts of pregnancy such as backaches, stiff neck, leg cramps, headaches, and edema (or swelling). Nurture and nourish when you need it most with this gentle, restorative, and entirely personalized experience.

## Signature Massage

The Signature Massage is our specialty and most highly recommended service. This customized therapy session combines the techniques of Swedish massage, deep tissue massage, and sports massage to address your specific needs. Therapeutic pressure can be tailored to your preference, ranging from gentle to deep, depending on the needs of each area of your body. It offers a truly unique and personalized experience.

## VDM Marma Facial Massage

The VDM Marma Facial Massage is a rejuvenating treatment that blends ancient Ayurvedic techniques with modern skincare practices to promote relaxation and enhance natural beauty. This specialized massage focuses on stimulating Marma points—vital energy centers on the face and neck—to balance the body's energy flow, reduce stress, and improve overall skin health.

# Balinese Massage

## Traditional Balinese Massage

This traditional full-body treatment, passed down through the generations, has been practiced on the island of Bali for centuries.

Rooted in the ancient culture of the islands of the Gods, this practice has been refined over thousands of years. It combines long, soothing strokes with gentle acupressure to stimulate circulation and alleviate muscular and joint tension, bringing a sense of well-being, calm, and deep relaxation.

## Thai Massage

Thai massage is an ancient healing art that harmoniously blends assisted yoga postures with acupressure techniques to invigorate the body and soothe the mind. Practitioners skillfully guide clients through a series of stretches, while applying rhythmic pressure along the body's energy pathways using hands and feet. This dynamic interplay of movement and touch enhances flexibility, alleviates muscle tension, and promotes a profound sense of well-being.

## Four-hand Massage

The Four-Hand Massage is an indulgent therapy where two skilled therapists work in unison to deliver a deeply relaxing and therapeutic experience. This synchronized approach effectively alleviates muscle cramps and tightness, providing targeted relief for persistent aches and pains. The harmonious interplay of four hands not only enhances the precision of the treatment but also cultivates an intensified sense of joy and pleasure, leading to profound relaxation and holistic well-being.

# Golf Ball Massage

Designed for those who prefer a more vigorous massage experience, this therapy utilizes a spa ball caddy in conjunction with skilled manual techniques. Depending on your preferences, the treatment can be tailored to be either deeply relaxing or highly invigorating. Whichever you choose, the sensation is truly exceptional.



## Why use a golf ball in Massage?

The unique size, hardness, and shape of a golf ball make it an effective tool for targeting deep-seated muscle discomfort. Utilizing the SPA Ball Kaddy, therapists can apply focused pressure to sore spots with enhanced control, facilitating improved flexibility, reduced stiffness, and relief from muscle soreness.

Studies indicate that numerous golfers and individuals experiencing muscle soreness have achieved significant relief by laying on their backs on golf balls. This approach may offer the solution you've been seeking.

If you're dedicated to enhancing your golf swing and elevating your quality of life via regular massage therapy, consider booking a treatment at Sorana Spa within the Aurora Anguilla Resort and Golf Club and come away feeling renewed and invigorated.

Our Specialty Golf Ball Massage is meticulously designed to address a variety of concerns, including:

- Enhancing golf swing mechanics
- Improving flexibility
- Reducing stiffness
- Alleviating sciatica
- Easing shoulder and lower back pain

This targeted therapy utilizes the unique properties of the golf ball to deliver focused relief and promote optimal muscle function. You can trust that this treatment will be customized to meet your specific needs.



# Body

## Detox Relaxing Body Buff

This full-body treatment is ideal for jet lag, as it increases circulation and reduces fluid retention, leaving you feeling refreshed and hydrated. A rejuvenating coffee sea salt scrub exfoliates and stimulates the circulation of the capillaries. A concentrated body balm mask with an essential oil blend of wild mint, cypress, thyme, and juniper berry rapidly diffuses into the tissues, instantly calming sensations of heaviness in the legs and tight, tense muscles. The body feels refreshed and lighter.

# Body

## VDM Seaweed Body Wrap

Revitalize and purify with active seaweed body therapy treatment that begins with organic exfoliation and sink into bliss as an exquisite mineral rich seaweed clay-like body wrap infused with powerful herbs like ginger, spirulina, peppermint, and juniper berry envelop your body for the ultimate results. The seaweed body wrap finishes with your choice of aromatic infused body soufflé or lotion for all over hydration. Choose from Detoxifying, Slimming, Toning, or Regenerating.

## Sun Salutation

Give sunburned skin a full-body refresh with a hydrating scalp, face, and body mask. Mineral-rich organic sea algae, cooling aloe vera gel, and antioxidant green tea extracts combine to reduce redness and irritation while soothing and cooling sun-damaged skin. Treat your face to cool compresses soaked in sea minerals and a fresh Gigartina algae gel mask to rejuvenate skin and reduce inflammation for an illustrious, natural glow.

## Slimming Body Lift

Our signature body ritual combines a jasmine exfoliating treatment with a slimming Phyto-Modeling massage and mask, enriched with horse chestnut and hamamelis extracts to stimulate blood microcirculation. A harmoniously balanced blend of plant and fruit essential oils and vegetable extracts reduce unwanted fatty deposits. This highly effective professional treatment rapidly promotes smooth toned and firm skin.

## Earth and Sea Scrub

This invigorating full body organic scrub features fine sea salt and seaweed micro grains from the Mediterranean marshes off the coast of France. Gently lift and remove dead cells and thin out rough areas and callosities. Almond oil and Jojoba oil give back softness to the skin surface and leaves you feeling relaxed, refreshed, and renewed. Choose from Jasmin, Rose, Coffee, or Coco Mer.

# Rituals

## Stress Relief Ritual

Soothe away your tension with an exotic escape including our tranquil head-to-toe massage from light to firm pressure followed with a mini facial.  
90 minutes





## Aurora Island Escape

The Aurora Island Escape package for couples features a 60-minute massage followed by body polish or sea scrub finish with a facial.

150 minutes

## Sweet Dreams Package

Step into a hot soaking bath with essential oils to balance mind and body and vitamins and minerals to hydrate and restore the skin. Stress will melt away in anticipation of a customized, full-body massage using essential oils that complement those used in the bath. Your therapist will then wish you sweet dreams, as we've built in 15 minutes of sleep or meditation time, where you can choose to relax with a glass of prosecco or a cup of tea. The final touch is an ultra-hydrating shea butter applied to your feet to seal in moisture. This ritual includes: a soaking bath, full body massage, shea butter foot massage, sleep or meditation time, and a complimentary glass of prosecco.

165 minutes

## Oasis Embrace Spa Special

Discover a world of tranquility and serenity with our Oasis Embrace Spa Special package. Experience a peaceful sanctuary that will rejuvenate your mind, body, and spirit in the privacy of a spa jacuzzi suite for a full day or a half day.

Full Day

6 hours

The full day package includes:

Bath with essential oils to balance mind and body

Two 90-minute Signature Massages

Two 90-minute Facials

Two Warm Oil Scalp Massages

Two Mani & Pedi

Bottle of prosecco and one of our delicious salads from our room service menu

Half Day

3 hours

The half day package includes:

Bath with essential oils to balance mind and body

Two 60-minute Massages

Two 60-minute Facials

Two glasses of prosecco

*This service must be booked in advance.*

*Room service available at an additional cost.*

## Sand Bed Therapy

Immerse yourself in aliph quartz while experiencing a touch dynamic flow massage. Inversion gravity to relieve compression and reduce back pain is complemented by the therapeutic benefits of singing bowls. The massage bed is inspired by the ancient practice of "Psammotherapy" sand bathing. Delivering proven anti-inflammatory action, relief from chronic pain and deep relaxation for the body, mind, and spirit.

60/90 minutes

## Couples Rendezvous

Guests will enjoy a couples massage, body scrub, and a scalp massage in our luxurious couples suite.



# Nails

## Deep Sea Pedicure

This luxurious pedicure includes a mineral-rich foot soak, seaweed scrub, organic cuticle care, hot stones, and reflexology foot massage. Opt for a polish of your choice to complete your service.

## Deep Sea Manicure

This unique manicure begins with a nourishing seaweed soak followed by a brightening hand mask to lighten hyperpigmentation. This treatment also includes organic cuticle care and a hand and arm massage for peak relaxation. Opt for a polish of your choice to complete your service.

## Energizing Pedicure

Energize and invigorate feet and legs with a stimulating caffeine and mint deep tissue massage followed by an aromatic exfoliation and soothing mineral soak. Opt for a polish of your choice to complete your service.

## Ocean Mineral Manicure

This manicure for tired, travel-worn skin leaves your hands looking and feeling renewed. Opt for a polish of your choice to complete your service.

## Salon Services Available

Ladies and Gentlemen Hair  
Makeup  
Color  
Highlights  
Waxing

We specialize in special occasion hair and make up.

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